



Get Ready for Highlands Lax Day 2023

Saturday April 22nd, 2023, 9 AM to 1 PM

Girls Varsity vs. Glen Rock - 9 AM

Boys Varsity vs. Ridgewood - 11 AM

Northern Highlands High School Varsity Turf

SNACK SHACK OPEN UNTIL 6 PM!

Contests for Every Age Group from 9 AM to 1 PM

Fastest Shot, Most Accurate Shot

New for 2023 - Every Highlands Lacrosse Team will get the chance to dunk their coach in the dunk tank!

New for 2023 - Highlands Lax Day Donation Station

Bring your lightly used lacrosse equipment to Lax Day to donate to Harlem Lacrosse, a school-based non-profit organization that changes the life trajectories of youth through daily wrap-around academic support, mentoring, leadership training, college readiness career exploration, admissions counseling and lacrosse instruction.

THANK YOU SPONORS!

PLATINUM			
	NEW JERSEY BRAIN AND SPINE	FOX & STOKES REALTY	
	Alondra BAR & GRILL		Elite Performance Training
			Brotherhood LACROSSE
GOLD			
	PAVONEOMS Excellence in Oral and Maxillofacial Surgery Anthony G. Pavone, DDS, MD, FACS		HERITAGE SURGICAL GROUP Let our family take care of your family.
			JAD BUILDING MAINTENANCE SUPPLY
			Coli Construction
	VIRTUS wealth solutions		RESTORATION ORTHOPAEDICS Restoring your active life RestorationOrtho.com
			MintX
SILVER			
			Cinicas MEXICAN KITCHEN

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